

ThinkPad T14s Gen 7 (Intel)

Designed for professionals on the move, the next-generation ThinkPad is lighter than ever for premium mobility. Powered by the Intel® Core™ Ultra 5 / 7 Processor (Series 3) that is purpose-built for real-world performance, long battery life, enterprise-grade security, and unmatched manageability, this go-everywhere clamshell fuels today's hybrid workforce. The powerful NPU lets you tap into local AI processing for personalized and secure workflow efficiency, including Copilot+ PC on-device AI features for powerful, smart computing that boosts innovation, enhances communication, and increases productivity. With an upgraded 25W Thermal Design Power (TDP), users get a performance boost for simultaneous app use, intensive workloads, and video editing, all while maintaining efficient battery life and quieter operation. Plus, up to 32GB LPDDR5X-8533 memory delivers superior performance with less strain on the battery for optimal AI PC efficiency.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

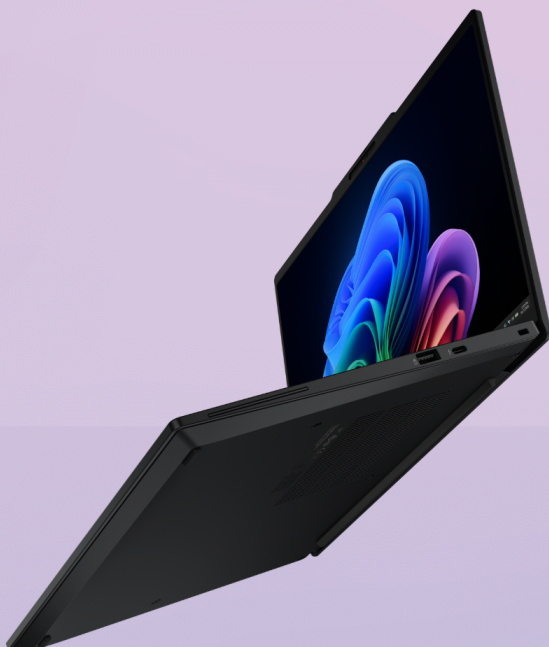
The 14" display with a stunning 2.8K OLED option offers remarkable clarity and vibrant detail, while up to 500 nits of brightness ensures comfortable viewing even in well-lit environments. Enhanced further with optional 3M™ DBEF5 technology and Eyesafe® Certified 2.0, it reduces eye strain during long work sessions without compromising color accuracy.

A versatile selection of ports, including 1xUSB-A, 3xThunderbolt™ 4, 1xDisplayPort™ 2.1, and 1xHDMI® 2.1, ensures seamless connectivity to essential peripherals and high-resolution displays, making it a reliable companion in any business environment.

The laptop meets ENERGY STAR® 9.0, EPEAT™ Gold, and TCO Certified 10.0 standards, ensuring energy efficiency and sustainability. Its optimized power management supports long work hours, while the eco-conscious design reduces environmental impact.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

ThinkPad USB4 Smart Dock 5500

- High-speed ports, total connectivity
- Single-cable power and displays
- Enterprise security and IT control



PN: 40BC0100xx

Lenovo Wireless Multi-Mode Pro Plus Mouse 6050

- Dual Connectivity, Effortless Pairing
- Precision Control, Multi-Directional Scrolling
- Ergonomic, Durable, and Sustainable



PN: 4Y51S61876 – 4Y51S61879

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Performance

Processor
Intel Core Ultra 5 / 7 Processor (Series 3)

AI PC Category*
Copilot+ PC

Operating System*
Windows 11 Pro or Home
Ubuntu Linux

NPU*
Up to 50 TOPS

Graphics
Intel Graphics (integrated)

Memory
16GB Soldered LPDDR5X-7467
32GB Soldered LPDDR5X-7467
32GB Soldered LPDDR5X-8533
64GB Soldered LPDDR5X-8533

Storage¹
Up to 1x 2TB M.2 2280 PCIe NVMe SSD

¹The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*
SoundWire
Stereo speakers, 2W x2, Dolby Atmos
Dual-microphone array, 360° far-field, Elevoc Voice

Camera*
5.0MP, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, vHDR, CV on ISP, temporal noise reduction

Battery²
58Wh (up to 19.1 hr) battery, Rapid Charge

²Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C nano GaN adapter, PD 3.0
65W USB-C slim GaN adapter, PD 3.0

Design

Display³
14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC, 3M DBEF5, Eyesafe
- 500nits, 100% sRGB, in-cell touch, low power, Eyesafe
- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard, Eyesafe
14" 2.8K (2880x1800) OLED Anti-glare 16:10
- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True Black 600, Dolby Vision, Eyesafe

³IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio
88%

Keyboard
6-row, spill-resistant, Copilot key, backlight

Touchpad
TrackPoint and glass-like Mylar surface 3-button
Trackpad
60 x 115 mm (2.36 x 4.53 inches)

Dimensions⁴
Starting at 313 x 219.4 x 10.7/15.85 (front/rear), 18.56 (maximum) mm
12.32 x 8.64 x 0.42/0.62 (front/rear), 0.73 (maximum) inches

⁴The system dimensions may vary depending on configurations.

Weight⁵
Starting at 1.065 kg (2.35 lbs)

⁵The system weight is approximate and may vary depending on configurations

Color
Black
Blue

Case material
Carbon fiber hybrid (top), magnesium or aluminium (bottom)

Connectivity

WLAN + Bluetooth*⁶
Intel Wi-Fi 7 BE211, 802.11be, Bluetooth 5.4

⁶Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*
4G LTE CAT1 with embedded eSIM
4G LTE CAT6 with embedded eSIM
5G Sub-6 GHz with embedded eSIM

NFC
Near Field Communication*

Ports
1x USB-A (USB 5Gbps), Always On
3x Thunderbolt 4, with USB PD 45-65W and DP 2.1
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Nano-SIM card slot (WWAN support models)*
1x Smart card reader*

Docking
Docking support via Thunderbolt / USB-C

Security & Privacy

Security
ThinkShield
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*
Computer Vision-based Human Presence Detection on ISP*
Privacy Guard with Privacy Alert*

Manageability

System Management*⁷
Intel vPro Enterprise*

⁷Intel vPro offers a superset of DASH's defined capabilities.

Environmental

Material
Top cover: CFRP(100% biobased) + PCCG (30% PCC)
Bottom cover: 50% Recycled Magnesium or 50% Recycled Aluminum
Keyboard frame: 90% recycled magnesium
Keyboard (keycaps): 85% PCC Plastic
Speaker enclosure: 90% PCC
Speaker Magnet: 30% Recycled Rare Earth Materials
Hall Sensor Magnet: 30% Recycled Rare Earth Material
Battery: 100% recycled cobalt
Battery frame: 90% PCC
Adapter: 90% PCC
Cable/antenna holders: 30% PCC
Packaging: Plastic Free, FSC certified Recycled paperboard / cardboard

Certifications

Green Certifications^{8 9 10}
ENERGY STAR 9.0
EPEAT Gold Registered
ErP Lot 6/26
TCO Certified, generation 10
RoHS compliant

⁸The items listed under the "Green Certifications" section may not only refer to certification but also registration & self-declaration.

⁹EPEAT registration and ENERGY STAR certification are optional and only available on the models with preloaded OS.

¹⁰EPEAT is registered where applicable, please see epeat.net for registration status by country.

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2026 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.