

ThinkPad T14s Gen 7 (AMD)

Built for professionals balancing demanding schedules across locations, this Copilot+ PC combines AMD Ryzen AI 5 / 7 PRO 400 Series with up to 50 TOPS NPU performance to accelerate AI-assisted workflows, analytics, and multitasking. The 14-inch 2.8K OLED display with Dolby Vision delivers exceptional clarity for presentations, design reviews, and detailed reporting, while Wi-Fi 7 and optional 5G connectivity support uninterrupted collaboration. Furthermore, up to 64GB LPDDR5X memory and PCIe SSD storage enable smooth handling of large datasets, creative applications, and simultaneous business operations without slowing productivity.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

Whether managing client meetings, remote consultations, or project coordination, the 5MP IR camera with privacy shutter, Dolby Atmos speakers, and dual far-field microphones enhance communication quality. In addition, the lightweight 1.09 kg design, rapid-charge battery, and Thunderbolt 4 connectivity simplify productivity during constant travel.

Engineered with ThinkShield security, TPM 2.0, fingerprint authentication, and Privacy Guard, the device helps safeguard sensitive business information. Meanwhile, recycled materials, ENERGY STAR certification, and MIL-STD-810H durability support sustainable and dependable professional computing environments.

Designed for longer productivity, the 58Wh battery with Rapid Charge technology helps reduce downtime between tasks and travel schedules. Furthermore, low-power display options, efficient AMD Ryzen AI processors, and ENERGY STAR certification contribute to optimized energy usage throughout the workday.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Wired ANC Headset Gen 2

- Active Noise Cancellation
- Certified for Zoom and Microsoft Teams
- Inline Control Box with LED Indication



PN: Teams : 4XD1M45627, UC : 4XD1M39029

Lenovo Essential Wireless Combo Keyboard & Mouse Gen 2

- Embrace the freedom of a clutter-free and cable-free work setup.
- Ergonomically sculpted cups and low-profile island keys for maximum comfort.
- A 2.4 MHz receiver for a seamless keyboard and mouse connection.



PN: 4X31N50708 – 4X31N50757

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Performance

Processor
AMD Ryzen AI 5 / 7 400 Series Processor
AMD Ryzen AI 5 / 7 PRO 400 Series Processor

AI PC Category*
Copilot+ PC

Operating System*
Windows 11 Pro or Home
Fedora or Ubuntu Linux

NPU*
Integrated AMD Ryzen AI, up to 50 TOPS

Graphics
AMD Radeon 840M (integrated)
AMD Radeon 860M (integrated)

Memory
16GB LPDDR5X-8000, soldered
16GB LPDDR5X-8533, soldered
32GB LPDDR5X-8000, soldered
32GB LPDDR5X-8533, soldered
64GB LPDDR5X-8000, soldered

Storage¹
Up to 1x 2TB M.2 2280 PCIe NVMe SSD

¹The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*
SoundWire
Stereo speakers, 2W x2, Dolby Atmos
Dual-microphone array, 360° far-field, Elevoc Voice

Camera*
5.0MP, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, vHDR, CV on ISP, temporal noise reduction

Battery²
58Wh (up to 16 hr) battery, Rapid Charge

²Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C nano GaN adapter, PD 3.0
65W USB-C slim GaN adapter, PD 3.0

Design

Display³
14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC, 3M DBEF5, Eyesafe
- 500nits, 100% sRGB, in-cell touch, low power, Eyesafe
- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard, Eyesafe
14" 2.8K (2880x1800) OLED Anti-glare 16:10
- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True Black 600, Dolby Vision, Eyesafe

³IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio
88%

Keyboard
6-row, spill-resistant, Copilot key, backlight

Touchpad
TrackPoint and glass-like Mylar surface 3-button
Trackpad
60 x 115 mm (2.36 x 4.53 inches)

Dimensions⁴
Starting at 313 x 219.4 x 10.7/15.85 (front/rear), 18.56 (maximum) mm
12.32 x 8.64 x 0.42/0.62 (front/rear), 0.73 (maximum) inches

⁴The system dimensions may vary depending on configurations.

Weight⁵
Starting at 1.09 kg (2.40 lbs)

⁵The system weight is approximate and may vary depending on configurations

Color
Black
Blue

Case material
Carbon fiber hybrid (top), aluminium or magnesium (bottom)

Connectivity

WLAN + Bluetooth*⁶
MediaTek Wi-Fi 7 MT7925, 802.11be, Bluetooth 5.4

⁶Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*
4G LTE CAT6 with embedded eSIM
5G Sub-6 GHz with embedded eSIM

NFC
Near Field Communication*

Ports
1x USB-A (USB 5Gbps), Always On
1x USB-C (USB 5Gbps), with USB PD 45-65W and DP 1.2
2x Thunderbolt 4, with USB PD 45-65W & DP 2.1
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking
Docking support via Thunderbolt / USB-C

Security & Privacy

Security
ThinkShield
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*
Computer Vision-based Human Presence Detection c
ISP*
Privacy Guard with Privacy Alert*

Manageability

System Management*
DASH*

Environmental

Material
Top cover: CFRP(100% biobased) + PCGF (30% PCC)
Bottom cover: 50% Recycled Magnesium or 50% Recycled Aluminum
Keyboard frame: 90% recycled magnesium
Keyboard (keycaps): 85% PCC Plastic
Speaker enclosure: 90% PCC
Speaker Magnet: 30% Recycled Rare Earth Materials
Hall Sensor Magnet: 30% Recycled Rare Earth Materia
Battery: 100% recycled cobalt
Battery frame: 90% PCC
Adapter: 90% PCC
Cable/antenna holders: 30% PCC
Packaging: Plastic Free, FSC certified Recycled paperboard / cardboard

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